

JUNE 2019



HOT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Swedish Meatballs Parslied Egg Noodles Green Beans Mixed Melon	4 California Gold Rush (egg, sausage, potato, cheese, salsa) Role Stone Fruit	5 Enchilada Casserole Roasted Corn & Peppers Mixed Greens Salad Watermelon	6 Crispy Chicken Sliders Potato Salad Raw Veggies w/Ranch Snickerdoodle Cookie	7 Baked Lemon Pepper Fish Rice Pilaf Dinner Roll Banana
10 Meatloaf Scalloped Potatoes Green Salad Dinner Roll Stone Fruit	11 Smothered Chicken Rice Pilaf Sautéed Greens Applesauce	12 Beef Stroganoff Buttered Noodles Steamed Vegetables Mixed Melon	13 Egg, Ham, Cheese Muffin Roasted Potatoes Spinach Salad Watermelon	14 Chicken Parmesan Penne Pasta Sautéed Zucchini, Onions Garlic Bread Chocolate Cake
17 Salisbury Steak & Mushroom Gravy Roasted Red Potatoes Peas & Carrots Fruit Jell-O	18 Pork Chili Verde Steamed Rice Roasted Zucchini & Squash Chocolate Chip Cookie	19 Spaghetti & Meatballs Green Salad Garlic Bread Watermelon	20 BBQ Chicken Baked Beans Pasta Salad Corn Bread Strawberry Cup	21 Baked Filet of Sole Rice Pilaf California Vegetables Dinner Roll Apple Sauce Fruit Jell-O
24 Beef Tacos Refried Beans Spanish Rice Side Salad Strawberry Cup	25 Chicken Tetrizzini Italian Vegetables Caesar Salad White Sheet Cake	26 BBQ Pulled Pork Cole Slaw Carrot and Celery Sticks Mixed Melon	27 Lasagna Yellow/Green Beans & Carrots House Salad Garlic Bread Stone Fruit	28 Honey Stung Fried Chicken Mashed Potatoes Peas, Dinner Roll Applesauce
MENU SUBJECT TO CHANGE Served with Milk OR Juice	NOTES: Join us at our inagural celebration, Swing to Serve Seniors! **Remember to complete our service/quality survey so we can continue to provide you with the best possible experience!			



Meals on Wheels
Riverside

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