

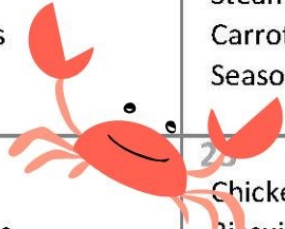





# AUGUST



Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> Meatballs in Marinara Sauce Pasta Peas & Carrots Seasonal Fruit	<b>2</b> Southwest Chicken Salad Black Beans & Corn Tomatoes Seasonal Fruit	<b>3</b> Baked Ham Pineapple Sauce Potato Au gratin French Cut Green Beans Seasonal Fruit	<b>4</b> Sliced Turkey & Gravy Mashed Potatoes Mixed Vegetables Seasonal Fruit	<b>5</b> Tuna Salad Sandwich Coleslaw Chips Seasonal Fruit 
<b>8</b> Chicken Marsala Rice Pilaf Steamed Brussels Sprouts Seasonal Fruit	<b>9</b> Country Fried Steak Mashed Potatoes Mixed Vegetables Seasonal Fruit 	<b>10</b> Ham & Cheese Sandwich Chips Carrot Raisin Salad Seasonal Fruit	<b>11</b> Chicken Fajitas With Onions & Peppers Spanish Rice Beans Seasonal Fruit	<b>12</b> Chef's Salad Hard Boiled Egg Tomatoes Chips Seasonal Fruit
<b>15</b> Teriyaki Chicken Brown Rice Asian Vegetables Seasonal Fruit 	<b>16</b> Farmer's Pot Roast Steamed Rice Carrots Seasonal Fruit	<b>17</b> Baked Herbed Pork Chop Scalloped Potatoes Steamed Spinach Seasonal Fruit	<b>18</b> Meat Lasagna Steamed Broccoli Seasonal Fruit 	<b>19</b> Mandarin Asian Salad with Chicken Chow Mein Noodles Seasonal Fruit
<b>22</b> Salisbury Steak Mashed Potatoes Capri Mixed Vegetables Seasonal Fruit	<b>23</b> Chicken Piccata Biscuit Steamed Green Beans Seasonal Fruit	<b>24</b> Pulled Pork Roasted Potatoes Green Peas Seasonal Fruit	<b>25</b> Chicken Alfredo Pasta Steamed Broccoli Seasonal Fruit	<b>26</b> Hamburger Potato Wedges Coleslaw Seasonal Fruit
<b>29</b> Honey Ginger Chicken Thigh Golden Rice Pilaf Asian Vegetables Seasonal Fruit	<b>30</b> BBQ Beef Sandwich Baked Tater Tots Country Village Seasonal Fruit	<b>31</b> Braised Mexican Pork Cilantro Rice Sliced Carrots Seasonal Fruit	<b>Office Hours</b> <b>1 Monday through Friday 9am-1pm</b> <b>Office Phone Number 951-683-7151</b>  <b>Milk, bread and margarine</b> <b>served with each meal. Menu may be subject to change.</b>	

 **Don't forget to put your frozen water bottle or ice pack in your coolers.** 