

# APRIL 2019



## HOT ENTREE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Beef Stroganoff Buttered Egg Noodles Sautéed Zucchini, Squash Dinner Roll Mixed Fruit Salad	2 Chicken Pot Pie Peas & Carrots Spring Mix Salad Snickerdoodle Cookie	3 Pork Chili Verde Steamed Rice Tortilla Strawberry Cup	4 Smothered Chicken Macaroni & Cheese Sautéed Cabbage & Spinach Apple	5 Vegetable Lasagna Steamed Green, Yellow Beans Garlic Bread Caesar Salad Jell-O
8 Chicken Tetrazzini Italian Blend Vegetables Spinach Salad Tangerine	9 Salisbury Steak w/Gravy Garlic Mashed Potatoes Grilled Green Beans Cucumber Salad Raisins	10 BBQ Chicken Baked Beans Pasta Salad Corn Bread Orange Wedges	11 California Gold Rush Bowl (Egg, Sausage, Potatoes, Cheese) Tortilla Side Salsa Banana	12 Tuna Casserole Three Bean Salad Raw Vegetables & Dip Vanilla Sheet Cake
15 Egg, Ham Cheese Muffin Home Fries Side Salad Orange Wedges	16 Rotisserie Chicken Wild Rice Pilaf Glazed Carrots Chocolate Chip Cookie	17 Spaghetti & Meatballs Roasted Corn Carrot, Celery Sticks w/Dip Pear	18 Open-Face Turkey Sandwich Mashed Potatoes & Gravy Sautéed Greens & Spinach Cranberry Relish Grape Bunch	19 Baked Lemon Pepper Fish Orzo Pasta Roasted Brussel Sprouts Mixed Green Salad Fruit Jell-O
22 Beef Lasagna Steamed Carrots House Salad Breadstick Strawberry Cup	23 Carolina Pulled Pork Roasted Sweet Potatoes California Vegetable Mix Corn Bread Raisins	24 Chicken Enchiladas Spanish Rice Refried Beans Raw Vegetables w/Ranch Orange Wedges	25 Meatloaf Scalloped Potatoes Mixed Vegetables Chocolate Cake	26 Honey Stung Fried Chicken Sweet Corn Casserole Green Beans Macaroni Salad Banana
29 Pot Roast w/Vegetables Mashed Potatoes Cucumber, Tomato Salad Dinner Roll Grape Bunch	30 Chicken Parmesan Parslied Egg Noodles Spring Vegetables Breadstick Apple			
<b>MENU SUBJECT TO CHANGE</b> Meals served with Milk or Juice	<b>NOTES:</b> We are thrilled to partner with the <i>Ramona HS Dynasty Mariachi Band</i> in our first annual Festival De Mariachi! Special guests, 2-x Grammy award winning Mariachi Divas de Cindy Shea <b>May 18, 2018 - Ramona HS - 11 am - \$5 all-day pass -</b>			



**Meals on Wheels  
Riverside**

951.683.7151

[info@RiversideMOW.org](mailto:info@RiversideMOW.org)  
[www.RiversideMOW.org](http://www.RiversideMOW.org)